

Ají Verde Pork Skewers with Grilled Corn



INGREDIENTS

2 tablespoons fresh ginger, peeled, grated, and divided

12 cloves fresh garlic, grated and divided

1 pork tenderloin (about 1 lb)

Large zip-top bag

7 tablespoons olive oil, divided

2 teaspoons smoked paprika

2 teaspoons kosher salt, divided

4 ears fresh corn, husks and silks removed

8 tablespoons queso fresco (4 oz), crumbled and divided

2 limes, for juice

2 small jalapeño peppers, chopped

8 (6-inch) wooden skewers

8 large fresh basil leaves

1 cup fresh cilantro

1/2 cup reduced-fat mayonnaise

1/4 cup water

STEPS

- 1. Cut pork into bite-size cubes; place in zip-top bag (wash hands). Add to zip-top bag: 1 tablespoon garlic, 1 tablespoon ginger, 2 tablespoons oil, smoked paprika, and 1 teaspoon salt; toss to coat. Let stand to marinate.
- 2. Preheat grill (or grill pan). Remove husks and silk from corn. Place corn in microwave-safe bowl; cover and microwave on HIGH for 8 minutes. Meanwhile, crumble queso fresco, squeeze limes for juice (2 tablespoons), and chop jalapeños (remove seeds and membrane, if desired).
- 3. Thread pork onto skewers (wash hands). Coat corn with 1 tablespoon oil and 1/2 teaspoon salt. Grill pork and corn 6–8 minutes, turning occasionally, or until corn is tender and pork is 145°F.
- 4. Place basil leaves, cilantro, jalapeños, 2 tablespoons queso fresco, mayonnaise, lime juice, water, and remaining 1/2 teaspoon salt, 4 tablespoons oil, and 1 tablespoon each garlic and ginger in blender (or food processor); blend until smooth.

5. Remove skewers from pork. Drizzle about 2 tablespoons Ají Verde over each ear of corn; top with remaining 6 tablespoons queso fresco. Serve pork with remaining Ají Verde and corn.

NUTRITIONAL INFORMATION

CALORIES (per 1/4 recipe) 590kcal; FAT 41.00g; SAT FAT 8.00g; TRANS FAT 0.00g; CHOL 80mg; SODIUM 1020mg; CARB 26g; FIBER 3.00g; SUGARS 7g; PROTEIN 31g; CALC 15%; VIT A 0%; VIT C 0%; IRON 10%